



LORD'S SUPPER SELF EXAMINATION

The Lord's Supper has a beautiful threefold meaning: it serves as a reminder of what Jesus did when He gave His life for our sin, as a symbol of our present relationship with Him, and to celebrate the promise of what He will do in the future. In other words, we observe the Lord's Supper to look back on the incredible suffering and sacrifice Christ endured for us. We look in and consider the responsibility we have as recipients of His great love, and we look forward to the glorious future we will have with Him.

Instructions: Before taking the Lord's Supper, work and pray through these questions to prepare your heart for communion.

1. **Is my relationship right with God?**

We believe that Jesus is the only way for our life to be in harmony with God.

We believe that our sin can only be forgiven by trusting the finished work of Jesus' death on the cross.

We believe that because of Christ we are accepted, loved, and forgiven by God.

We believe that we cannot earn God's love, we must simply accept it.

2. **Is there unchecked sin in my life?**

Is there sin I need to confess?

Is there sin I need to turn away from?

Is there sin I need to be healed from?

3. **Is my relationship right with others?**

Is there someone I need to apologize to?

Is there someone I am hurting that needs to stop? Is there someone I need to make a priority in my schedule for?



The Lord's Supper is a beautiful object lesson showing us how Jesus served us with His life. As you observe this special meal, consider how your life should be lived to serve Him. Consider this verse from the book of Romans:

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God--this is your true and proper worship. Romans 12:1

Jesus gave Himself for us and our freedom, so we can, in turn, live our lives as a living sacrifice for Him.

Ways to live for Jesus:

1. **Have a personal and public faith in Christ.** Have you made a public commitment to Christ through baptism? How are you demonstrating your walk in Christ in your life?

Personal faith means that you have decided for yourself to follow Jesus' teachings and commands.

Public faith means you are sharing Jesus with others. It also could mean you have been publicly baptized.

2. **Serve others.** How are you serving others?

You can't serve God without serving people. Get involved here at That.Church and let us show you how to serve people and grow in your relationship with Christ. At That.Church we can help you grow in three ways. The weekend is where you will get practical, inspirational, and biblical truth to live your life. Our Midweek Ministries provide ways for the whole family to grow a deeper relationship with Christ and each other. The third way is to get involved serving with a ministry.

3. **Reach your world with the good news - we can do this by tithing at Church** (giving ten % of our income)! How are you doing with returning the tithe?

If you don't go to That.Church, are you practicing this at your home church. When you return the tithe, you are obeying God and you are reaching your world, starting in your own backyard. Lives change when you return the tithe.